



Program:

Glenn Poirier introduced his guest speaker Sue Webster owner of Mountain Life Cycling Studio. Her studio is located in the Deane Center on the 3rd floor. She moved here from Buck County and saw a need for a spinning studio. She is certified, as are her 3 employees.

- Spinning is a nonimpact cardio workout on a stationary bike
- Ages 18 and up
- Intro class available
- \$9.00-\$9.50 per class

Sue provided class schedules and answered FAQ which can be found on her website www.mtnlifecycling.com



CLUB NEWS OCTOBER 6, 2016

Invocation: Ardell

Caleb led God Bless America with Pat as accompanist

Guests:

Caleb introduced his guests Billy Waite and Susan Taube from Camphill Village in Copake, NY.

Foreign Exchange Student's Report:

Yvesan gave his weekly report to the club. He went shopping with his host family. He is looking forward to his trip to Philadelphia on the weekend. He was chosen as the junior class Homecoming Prince.

Secretaries report:

Jim passed out Rifle Raffle tickets to club members. Club goal is to sell 750-800 tickets. He reported that he is the only one on the committee and would like some help. He still needs members to sign up for the Bear Check Station at the Annex...please see sign up sheet.

Roadside clean up tonight at 5pm. Teri has gloves and safety vests for those who participating.

Flag project was discussed at the board meeting. The club will be working in conjunction with other community groups to raise funds to purchase a trailer to store and haul the flags that are displayed on Main St.

SAA:Tim

Fines-

Caleb for his picture in the paper

Greg and Hal for talking during the intro of guests

Happy Bucks-

Ardell is happy that he returned from Florida prior to Hurricane Matthew

Jim T. is happy about the Rutgers/Ohio State score and commented on Richard's timing for his travels to Florida

Mike H. commented on the Maryland/ Penn State game coming up on the weekend

Songs:

52 On the Sunny Side of the Street

60 Let there be peace on Earth

50/50:

B Second Chance Animal Sanctuary for the month of December

Yvesan won \$16

Hal spun the wheel and was asked to attend the next board meeting to learn more about the club

Upcoming Programs:

Oct 13th- Nicole Quezada

Oct 20th-Tim Sinclair

Oct 27th David Sullens

Nov 3rd John Swanson



